

GREEN'S

Conversion Chart

OVEN TEMPERATURES

Gas Mark	°F	°C
1	275°F	135°C
2	300°F	148°C
3	325°F	162°C
4	350°F	176°C
5	375°F	190°C
6	400°F	204°C
7	425°F	218°C
8	450°F	232°C
9	475°F	246°C

VOLUME

Imperial	Metric
2 fl oz	56 ml
3 fl oz	85 ml
5 fl oz (¼ pint)	142 ml
10 fl oz (½ pint)	284 ml
1 pint	568 ml
1 ¼ pint	710 ml
1 ¾ pint	994 ml
2 pint	1137 ml
2½ pint	1421 ml
4 pint	2273 ml

WEIGHTS

Imperial	Metric
½ oz	14 g
¾ oz	21 g
1 oz	28 g
1½ oz	43 g
2 oz	57 g
2½ oz	71 g
3 oz	85 g
4 oz	114 g
4½ oz	128 g
5 oz	142 g
6 oz	170 g
7 oz	199 g
8 oz	227 g
9 oz	256 g
10 oz	284 g
12 oz	341 g
1 lb	454 g
1 lb 8 oz	681 g
2 lb	907 g
3 lb	1361 g